



Supervisory and Leadership Training

PERFORMANCE, ACCOUNTABILITY, & EMPLOYEE DISCIPLINE

Aug. 4-6 2026 (Tues. - Thurs.) - 0830-1700 hours

Hosted by Bridgerland Technical College

Location: The West Building, 1410 North 1000 West, Logan, UT, 84321. Room 1970

Tuition: \$400.00

This class satisfies the Utah POST Employee Discipline and Administrative Procedure class requirement for the POST Mid-Management Certificate.

Poor performing and difficult employees can suck the life out of their supervisors and their organizations. **Let MCA give you the upper hand.**

Our practical real-world approaches to dealing with problem employees will give you a new perspective on your role as a supervisor or manager. We focus on making disciplinary due process, the world of internal affairs/employee discipline and performance evaluation easy to understand. We then provide the interpersonal skills training you need to successfully take on problem employees. This is straight forward material without the gimmicks or touchy-feely approaches many other leadership and employee discipline courses propose.

Course Objectives

- How to establish and assert your authority without infringing on employee rights
- How to develop performance standards that clearly communicate your expectations
- How to provide useful feedback and write objective, meaningful, performance evaluations
- How to confront difficult and resistant employees without losing
- How to recognize and handle the manipulations commonly used on supervisors
- How to claim your right to a day's work for a day's pay
- Establishing and sustaining a strong Professional Standards organizational culture
- Developing the first line supervisor as the Department "Gatekeeper" and why it matters
- How to maintain Department Policy and Procedures Manuals
- Understanding Hiring and Retention Standards and their nexus to employee discipline
- Understanding Complaint Tracking and early warning systems
- The importance of Building Community Trust and transparency

The instructor for this workshop is Jon "Cris" Trulsson, a 30-year law enforcement veteran and retired Police Lieutenant. Cris holds dual bachelor's degrees in law and history from the University of the Pacific. He is a graduate of the FBI National Academy (Session 227) and a graduate of the F.B.I. Law Enforcement Executive Development School, the California POST Supervisory Leadership Institute and the POST Instructor Development Institute.

Cris is a subject matter expert on performance management and accountability in the workplace. As a Senior Associate with Marin Consulting Associates, Cris trains law enforcement supervisors and managers nationwide. Internationally, Cris has had the privilege of providing training to the British Transport Police and to train with the Police Service of Northern Ireland, the Royal Thai Police, the Royal Malaysian Police, the Ministry of Public Security-Vietnam, and the Indonesian National Police.

For more information, call (916) 755-1486

Register at

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