# COVID Infection and Exposure

**Individuals Who Test Positive (Isolation)**

- Must isolate themselves for at least five days starting the day after the test collection date.
- They may return to school after five days if their symptoms have improved and they have been fever free for 24 hours without fever-reducing medication.
- It is recommended that individuals returning after five days wear a mask for five additional days.

**Individuals Who Are Exposed and Current on Vaccinations (see definition below)**

- If an individual is exposed to COVID and is current on COVID-19 vaccination (three doses of either Pfizer or Moderna for those 18 and older and currently two doses for those under 18) or has had COVID-19 in the last 90 days:
  - They do not need to quarantine and can go to school or work and participate in activities.
  - It is recommended they wear a mask for 10 days after an exposure.
  - Anyone who has been exposed to COVID-19 should seek testing at the onset of any symptoms.

**Individuals Who Are Exposed and NOT Current on Vaccinations (see definition below)**

- If an individual is exposed to COVID and is NOT current on COVID-19 vaccination (three doses of either Pfizer or Moderna for those 18 and older and currently two doses for those under 18) or has not had COVID-19 in the last 90 days:
  - It is recommended they quarantine at home for five days and wear a mask at school for five days after quarantine OR wear a mask for 10 days at school following an exposure.
  - Anyone who has been exposed to COVID-19 should seek testing at the onset of any symptoms.

*As of January 2022*