

## **COVID Infection and Exposure**

### **Individuals Who Test Positive**

Individuals testing positive for COVID-19 must isolate themselves for 10 days from the onset of symptoms or from the point they receive a positive test result. They may return to school after those 10 days, and if it has been 24 hours since symptoms subsided.

### **Individuals Who Are Exposed**

Staff or students who shared a classroom or participated in an extra-curricular activity with a positive individual for 15 minutes or longer are considered exposed and will be contacted by the school. The following recommendations will be provided:

There are no recommended restrictions for students or staff who:

- Regularly wear a mask; or
- Have had COVID-19 in the last 90 days; or
- Have been fully vaccinated.

If a student or staff member does not meet any of the above criteria, the following is recommended:

- Quarantine at home for 10 days; or
- Wear a mask at all times while at school during the 10-day period following exposure; or
- Wear a mask at all times while at school during a 7-day period and remove the mask if you test negative on day 7.

Anyone who has been exposed to COVID-19 should monitor for symptoms and seek testing at the onset of any symptoms.