

FREQUENTLY ASKED QUESTIONS

What are signs of COVID illness? Anyone who is ill, or who lives with someone who is ill, should stay home and self-isolate/quarantine. Symptoms of COVID include fever/chills, cough, shortness of breath/difficulty breathing, muscle/body aches, new loss of taste or smell, and sore throat.

What is an exposure? An exposure is when YOU are in close contact with someone who has tested positive with COVID. The CDC and health department define close contact as being within 6 feet of someone who is positive for COVID for 15 minutes or longer. If you are exposed, you need to quarantine for 14 days.

When can students/staff return to school after symptoms/illness?

There are three ways for student/staff to return to campus after they experience COVID symptoms/illness:

- Fever free for 24 hours without medication AND 10 days from when symptoms began (10 - 1 Rule)
- A negative COVID test
- After resolution of symptoms with a health provider note of an alternative diagnosis (i.e., strep throat)

When can students/staff return to school after an exposure?

After they have quarantined for 14 days. This waiting period would require the program to allow the student to work remotely (if SAP is < 150%), or be placed on a Leave of Absence.

How do I handle illness or exposure in the classroom?

- Quietly and confidentially contact your AVP who will assist you. Remember these are regulated (FERPA/HIPAA) conversations
- The AVP will contact the Health Department if necessary
- Be sensitive and kind. Do not have private conversations about health in classrooms
- Do not make verbal announcements to your class. If students need to be contacted, the health department or the BTECH Point of Contact (POC) will inform students

If a student contacts you via telephone or email to let you know that they are exposed or ill, you should call the school POC and/or your AVP, document the conversation with the student and instructions given in the Contact Tracing database. You will need to enter the student's number and make a note in the comments field on the date the conversation is held.



Is it safe to Travel? What do I do if my student/staff has traveled out of state, or out of the country?

Currently, the State of Utah and CDC recommend limiting travel, especially to areas of high risk. You will want to check current CDC/state guidelines, and visit with your department head or direct supervisor and/or human resources about leave when considering travel. Special considerations, including the possibility of quarantine, may be necessary.