

FREQUENTLY ASKED QUESTIONS

What are signs of COVID illness? Symptoms of COVID include fever/chills, cough, shortness of breath/difficulty breathing, muscle/body aches, headache, new loss of taste or smell, and sore throat.

What if you are waiting for a COVID test result? STAY AT HOME! If you would like to take a medical Leave of Absence (LOA) while you are waiting for your results, please contact Student Services at 435-753-6780.

What if a member of my household is ill? Anyone who is ill, or who lives with someone who is ill, should stay home and self-isolate/quarantine.

What if a member of my household is COVID positive? You must quarantine for 10 days; however, every time you come into contact with the person who tested positive, your 10 day quarantine starts over. As a result, your quarantine period may be 20 days.

What is an exposure? An exposure is when YOU are in close contact with someone who has tested positive with COVID. The CDC and health department define close contact as being within 6 feet of someone who is positive for COVID for 15 minutes or longer. **If you are exposed, you need to quarantine for 10 days. Alternatively, you may test on or after day 7 and return with a negative PCR or rapid antigen test.**

When can students/staff return to school after symptoms/illness?

There are three ways for student/staff to return to campus after they experience COVID symptoms/illness:

- Fever free for 24 hours without medication AND 10 days from when symptoms began (this is known as the 10 – 1 Rule)
- A negative COVID test
- After resolution of symptoms with a health provider note of an alternative diagnosis (i.e., strep throat, sinus infection, etc.)

When can students/staff return to school after an exposure?

After they have quarantined for 10 days or after 7 days with a negative PCR or rapid antigen test. This waiting period would require the program to allow the student to work remotely (if SAP is < 150%), or be placed on a Leave of Absence.

How do I handle illness or exposure in the classroom?

- Quietly and confidentially contact your AVP who will assist you. Remember these are regulated (FERPA/HIPAA) conversations
- The AVP will contact the Health Department if necessary
- Be sensitive and kind. Do not have private conversations about health in classrooms
- Do not make verbal announcements to your class. If students need to be contacted, the health department or the BTECH Point of Contact (POC) will inform students
- Place students who are testing, ill, or quarantining on a medical Leave of Absence (LOA) by coordinating with Student Services

If a student contacts you via telephone or email to let you know that they are exposed or ill, you should call the school POC and/or your AVP, document the conversation with the student and instructions given in the Contact Access database. You will need to enter the student's number and make a note in the comments field on the date the conversation is held.

Is it safe to Travel? What do I do if my student/staff has traveled out of state, or out of the country?

Currently, the State of Utah and CDC recommend limiting travel, especially to areas of high risk. You will want to check current CDC/state guidelines, and visit with your department head or direct supervisor and/or human resources about leave when considering travel. Special considerations, including the possibility of quarantine, may be necessary.