

## FREQUENTLY ASKED QUESTIONS

**What are signs of COVID illness?** Symptoms of COVID include fever/chills, cough, shortness of breath/difficulty breathing, muscle/body aches, headache, new loss of taste or smell, and sore throat.

**What if you are waiting for a COVID test result?** STAY AT HOME! If you would like to take a medical Leave of Absence (LOA) while you are waiting for your results, please contact Student Services at 435-753-6780.

**What if a member of my household is ill?** Anyone who is ill, or who lives with someone who is ill, should stay home and self-isolate/quarantine.

**What if a member of my household is COVID positive?** You must quarantine for 10 days; however, every time you come into contact with the person who tested positive, your 10 day quarantine starts over. As a result, your quarantine period may be 20 days.

**What is an exposure?** An exposure is when YOU are in close contact with someone who has tested positive with COVID. The CDC and health department define close contact as being within 6 feet of someone who is positive for COVID for 15 minutes or longer. **If you are exposed, you need to quarantine for 10 days. Alternatively, you may test on or after day 7 and return with a negative PCR or rapid antigen test.**

### **When can students/staff return to school after symptoms/illness?**

There are three ways for student/staff to return to campus after they experience COVID symptoms/illness:

- Fever free for 24 hours without medication AND 10 days from when symptoms began (this is known as the 10 – 1 Rule)
- A negative COVID test
- After resolution of symptoms with a health provider note of an alternative diagnosis (i.e., strep throat, sinus infection, etc.)

### **When can students/staff return to school after an exposure?**

After they have quarantined for 10 days or after 7 days with a negative PCR or rapid antigen test. This waiting period would require the program to allow the student to work remotely (if SAP is < 150%), or be placed on a Leave of Absence.



### **How do I handle illness or exposure in the classroom?**

- Quietly and confidentially contact your AVP who will assist you. Remember these are regulated (FERPA/HIPAA) conversations
- The AVP will contact the Health Department if necessary
- Be sensitive and kind. Do not have private conversations about health in classrooms
- Do not make verbal announcements to your class. If students need to be contacted, the health department or the BTECH Point of Contact (POC) will inform students
- Place students who are testing, ill, or quarantining on a medical Leave of Absence (LOA) by coordinating with Student Services

If a student contacts you via telephone or email to let you know that they are exposed or ill, you should call the school POC and/or your AVP, document the conversation with the student and instructions given in the Contact Access database. You will need to enter the student's number and make a note in the comments field on the date the conversation is held.

### **Is it safe to Travel? What do I do if my student/staff has traveled out of state, or out of the country?**

Currently, the State of Utah and CDC recommend limiting travel, especially to areas of high risk. You will want to check current CDC/state guidelines, and visit with your department head or direct supervisor and/or human resources about leave when considering travel. Special considerations, including the possibility of quarantine, may be necessary.