

FIREFIGHTER CANDIDATE PHYSICAL

Purpose of Exam

Help ensure that firefighter candidates are medically capable of performing required job tasks (see “Firefighter-Summary of Job Tasks”)

General Information

Name (Last)		(First)	(Middle)		Sex
Temp.	Pulse	Blood Pressure	Respiration	Height	Weight
Date Of Exam			Examining Official		

Fire Training-Summary of Job Tasks

Firefighter training can be a physically and mentally stressful activity, requiring personnel to perform the following tasks or work under the following conditions:

- Operate both as a member of a team and independently at incidents of uncertain duration
- Spend excessive time outside exposed to the elements: tolerate extreme fluctuations in temperature while performing duties; experience frequent transition from hot to cold and from dry to humid atmosphere; work in wet, icy or muddy areas
- Face exposure to carcinogenic dusts such as asbestos, toxic substances such as hydrogen cyanide, carbon monoxide, or organic solvents either through inhalation or skin contact
- Face exposure to infectious agents such as hepatitis B or HIV
- Wear personnel protective equipment that weighs approximately 50 lbs while performing firefighting tasks
- Perform physically demanding work while wearing positive pressure breathing equipment
- Perform complex tasks during life-threatening emergencies and face life-or-death decisions during emergencies
- Work for long periods of time, requiring sustained physical activity and intense concentration
- Be exposed to grotesque sights and smells associated with major trauma and burn victims
- Make rapid transitions from rest to near-maximal exertion without warm-up periods
- Operate in environments of high noise, poor visibility, limited mobility, at heights, in enclosed/confined space
- Use manual or power tools in the performance of duties
- Rely on senses of sight, hearing, smell, and touch, to help determine the nature of the emergency, maintain personal safety, and make critical decisions in a confused, chaotic, and potentially life-threatening environment throughout the duration of the operation

Clinical Evaluation

Explanation of Abnormal Results:

(Please sign)

X _____

Medically cleared to perform job tasks

X _____

Denied medical clearance for job tasks